

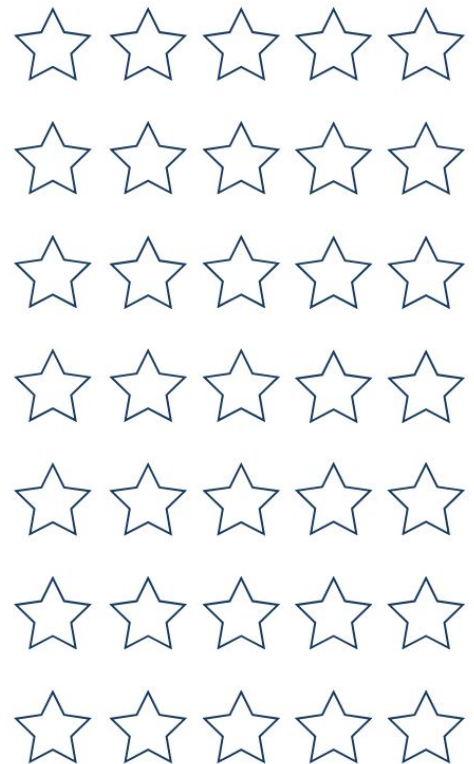
Weekly Sleep Tracker



Hours of Sleep

	1	2	3	4	5	6	7	8	9	10
S										
M										
T										
W										
T										
F										
S										

Sleep Quality



Things to improve: